



## Fit: U Fitness Journal & Planner: 6 X 9, Your Personal Daily Fitness and Nutrition Journal, Teal -(Health Activity Tracker) (Paperback)

By P2g Publishing

Amazon Digital Services LLC - Kdp Print Us, United States, 2018. Paperback. Condition: New. Language: English. Brand new Book. FIT: U HEALTH & FITNESS Journal, Diet & Nutrition Planner Track your daily food intake & exercise goals. Your personal 90 day health activity tracker. Product Measures: 6" x 9" (15.24 x 22.86 cm). Binding: Professional grade binding (retail standard). Great Size - can fit into a purse or tote bag. Designed in the USA.



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