



Paindemic: A Practical and Holistic Look at Chronic Pain, the Medical System, and the antiPAIN Lifestyle (Paperback)

By Melissa Cady

Morgan James Publishing llc, United States, 2016. Paperback. Condition: New. Language: English. Brand new Book. "Paindemic is a brutally honest portrayal of our current sick care medical model. No other book gives you such an in-depth and thought-provoking overview of how pain should be assessed and treated. Dr. Cady has truly outdone herself!" -Jamie L. Guyden, MD, Integrative Medicine Physician Are you suffering from chronic pain? Do you feel that everyone, including your physician, thinks you are crazy? Are your loved ones and friends tired of hearing you complain? Are you becoming more depressed and anxious because of your pain? Do you find that you are isolating yourself from others? Are you sick of taking pain medications? Do you question whether injections or surgery are right for you? Is the medical system frustrating you or letting you down? Are you searching for a better way to address your pain? Answering yes to any of these questions means you are part of the very serious pain epidemic in our society. You are not alone! Millions are suffering. The United States is the most advanced society in the world; yet, the majority of pain medications, procedures, and surgeries are not solving this Paindemic. Paindemic will open your eyes to what you...



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